

When you need help, start here.

Northeast Montana | Daniels County, Sheridan County & Fort Peck communities

If you need someone to talk to

Contact	What it can help with
CALL OR TEXT 988	Free, confidential support, 24 hours a day, for emotional distress, a mental health crisis, substance use concerns, or worries about another person.
CALL 911	Immediate physical danger, a life-threatening emergency, or a suicide attempt.
CALL 211	Help finding food, housing, utilities, transportation, family support and other community resources in Montana.

Find services close to home

Daniels County: Local mental health care in Scobey: Eastern Montana Community Mental Health Center, 406-765-2550. Daniels Memorial Healthcare Center: 406-487-2296.

Sheridan County: Eastern Montana Community Mental Health Center (Plentywood), 406-765-2550. Sheridan Memorial Hospital: 406-765-3700.

Fort Peck: Fort Peck Tribal Health: 406-768-3491 ext. 4409. Spotted Bull Recovery Resource Center in Poplar: 406-768-3852; Wolf Point: 406-653-6001.

NEMTHelp.org: Explore local services and downloadable community information. For Tribal Health services, use the official Fort Peck Tribal Health website.

Privacy reminder: This is an informational handout, not medical advice, a referral guarantee, or an emergency service. Provider hours and availability can change; call before visiting. NEMT Help is independent of the agencies listed.